



# Biology for MX

MSE – 212

**Prof. Maartje M.C. Bastings**

Programmable Biomaterials Laboratory

**Course 4: ECM, adhesion and artificial matrices**



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## Course Content

### BLOCK 1: Introduction and engineering with cellular components

Lecture 1.	Intro to biology and cells	(February 21)
Lecture 2.	Proteins and protein based materials	(February 28)
Lecture 3.	DNA and DNA-based materials	(March 6)
<i>Exercise 1.</i>	<i>Proteins, peptides and DNA</i>	<i>(March 13)</i>

### BLOCK 2: Inter- and intracellular action

Lecture 4.	<b>ECM, adhesion and artificial matrices</b>	<b>(March 20)</b>
Lecture 5.	Virus, antibodies and immune engineering	(March 27)
Lecture 6.	Bacteria	(April 10)
<i>Exercise 2.</i>	<i>Nanoparticles and Scaffolds</i>	<i>(April 17)</i>

### BLOCK 3: Physics of biological processes

Lecture 7.	Receptors and targeting	(April 24)
Lecture 8.	Endocytosis	(May 1)
Lecture 9.	Signaling and communication	(May 8)
<i>Exercise 3.</i>	<i>Engineering functionality</i>	<i>(May 15)</i>
Lecture 10.	Revision and conclusion	(May 22)
<i>Open office.</i>	<i>Questions, discussion, exam prep</i>	<i>(May 29)</i>

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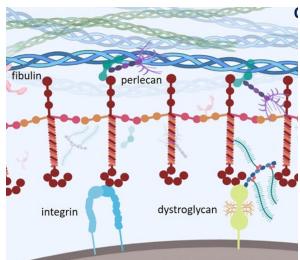
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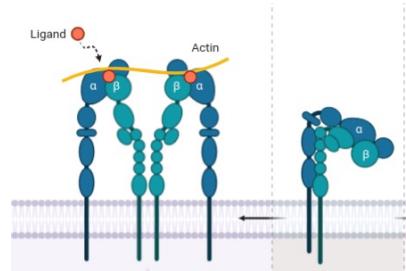
## On Today's Menu:

Part 1  
Extracellular Matrix (ECM)

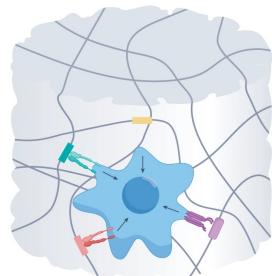
- Structure
- Function
- Properties

Part 2  
Adhesion

- Cell-ECM
- Integrins

Part 3  
Artificial ECMs

- Structure
- Function
- Challenges



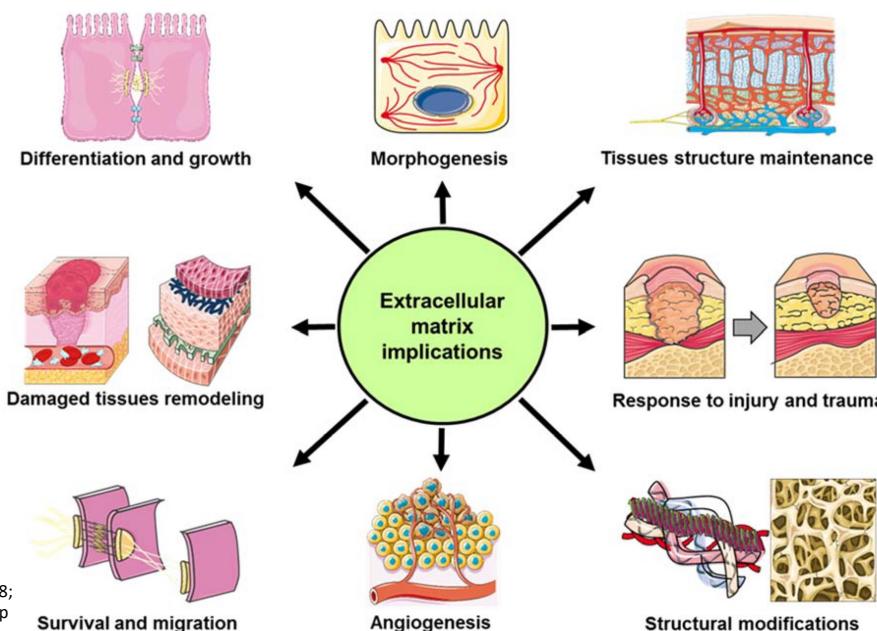
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## The extracellular matrix functions



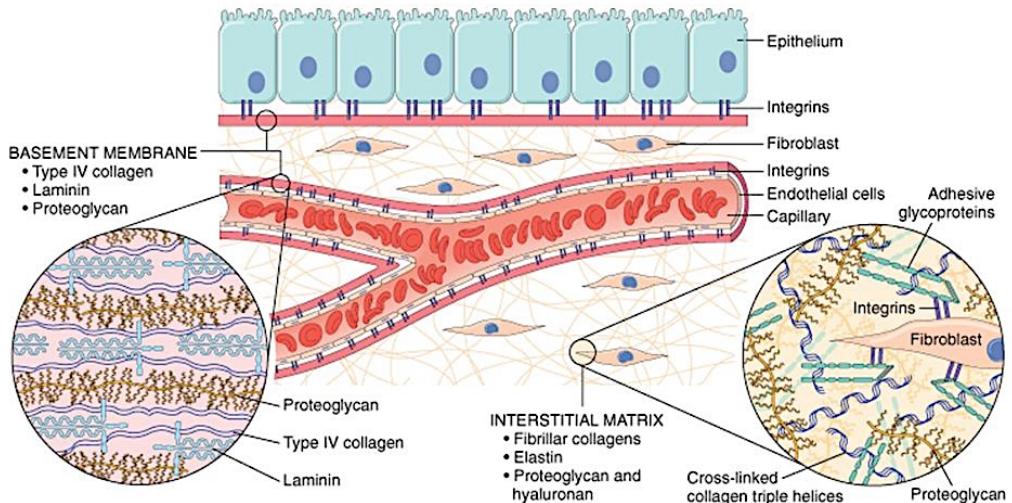
Appl. Sci. 2020, 10(7), 2388;  
<https://doi.org/10.3390/appl0072388>

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## The Space Between Cells



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## Basement Membrane

Network architecture of all epithelia

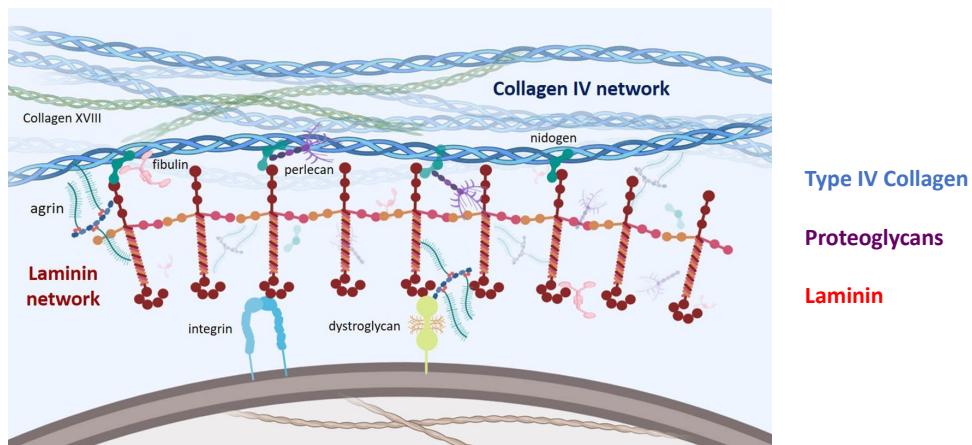


Illustration by Maryline Fresquet  
(University of Manchester, UK).

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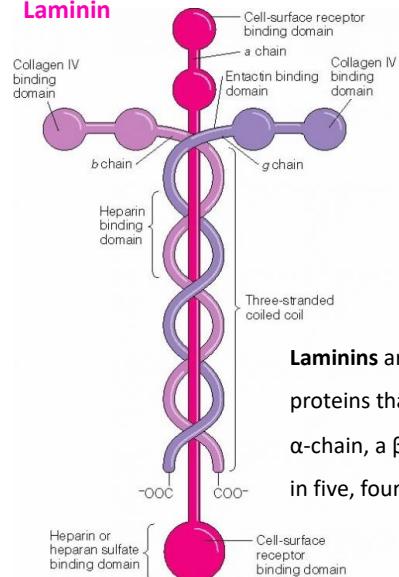
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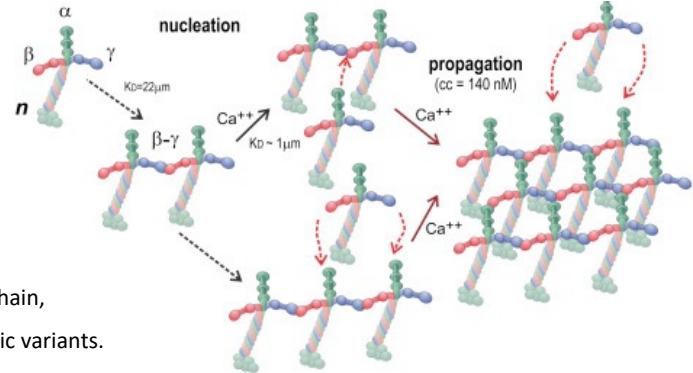
## Laminin: Critical Organizer

### Laminin



High-molecular weight proteins, a major component of the basal lamina.  
Important and biologically active part of the basal lamina,  
Influencing cell differentiation, migration, and adhesion.

Laminins are heterotrimeric proteins that contain  $\alpha$ -chain, a  $\beta$ -chain, and a  $\gamma$ -chain, in five, four, and three genetic variants.

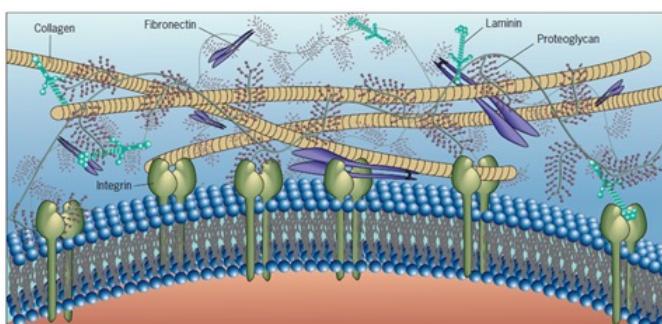


<https://doi.org/10.1016/bs.ctm.2015.05.001>

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## Extracellular Matrix (ECM)



- Is made and remodeled by cells that reside within it
- Is a well-defined composite of proteins and polysaccharides (sugars)
- Regulates cell function, including adhesion, survival, migration
- Contains unique chemical and physical features in each tissue

### 3 major components:

- Adhesive proteins: Connect cells to the ECM
  - **Integrins / Cadherins**
- Structural proteins: give tissues tensile and compressive strength
  - **Collagen / Elastin / Keratin / Fibronectin**
- Proteoglycans: Fill space in between, hydrate, cushion cells
  - Consist of a **protein** core with **sugar** side chains

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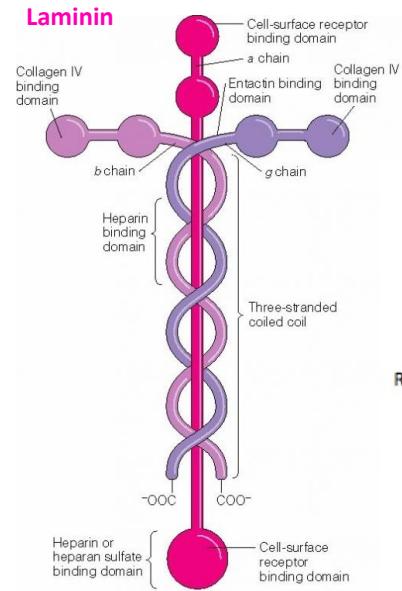
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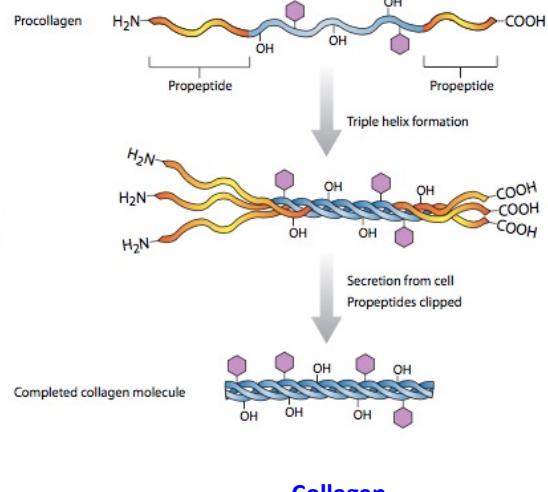
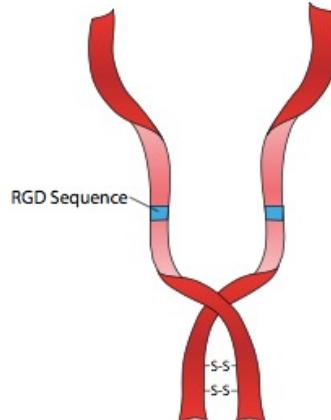
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## Structural Proteins

## Laminin



## Fibronectin

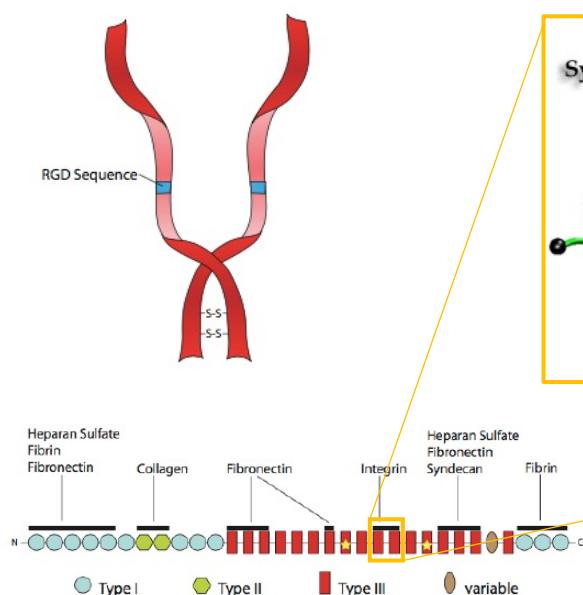


## Collagen

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## Fibronectin



**Fibronectin** is a high-molecular weight (~500 kDa) glycoprotein of the extracellular matrix that binds to membrane-spanning receptor proteins called integrins. **Fibronectin** also binds to other extracellular matrix proteins such as collagen, fibrin, and heparan sulfate proteoglycans (e.g. syndecans).

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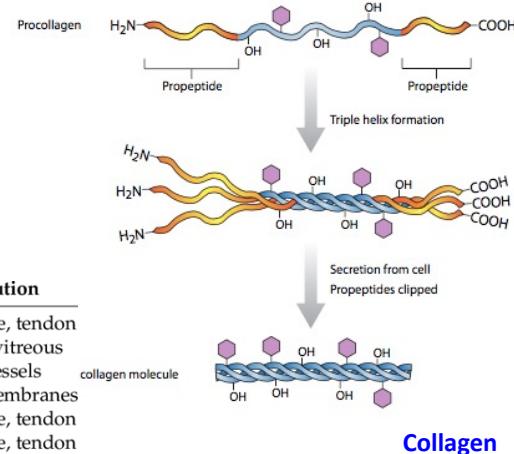
# Collagen

collagen I is processed in the cell but not completely assembled :

the three pro- $\alpha$ -chains are assembled into a procollagen triple helix, which is secreted.

Extracellularly, they must then be cleaved at both termini to form the active collagen protein, which is fibrillar.

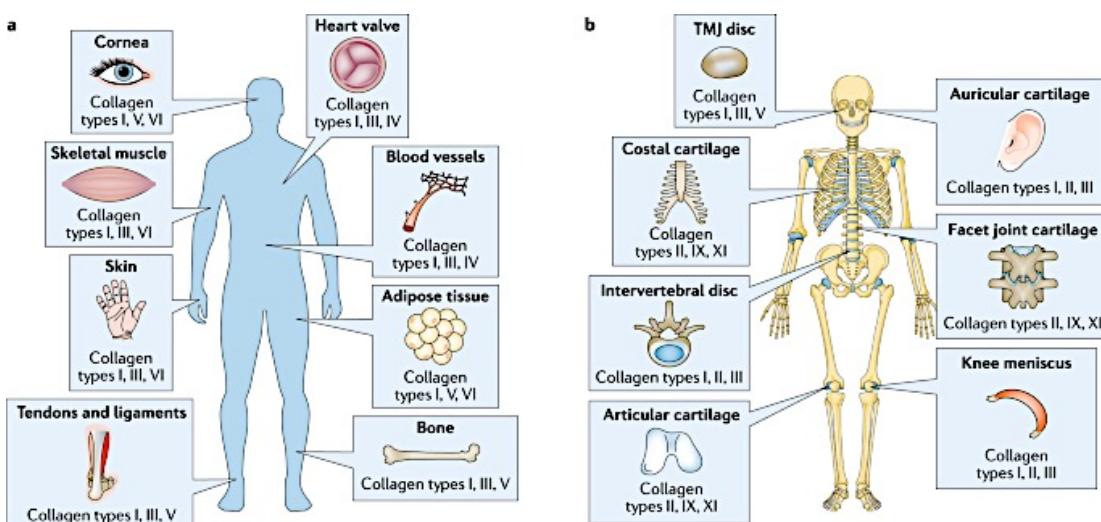
Type	Class	Distribution
I	Fibrillar	Dermis, bone, tendon
II	Fibrillar	Cartilage, vitreous
III	Fibrillar	Blood vessels
IV	Network	Basement membranes
V	Fibrillar	Dermis, bone, tendon
VI	Filaments, 100 nm	Dermis, bone, tendon
VII	Fibers with antiparallel dimers	Dermis, bladder
VIII	Hexagonal matrix	Membrane
IX	Fibril-associated collagens with interrupted triple helices	Cartilage, vitreous
X	Hexagonal matrix	Cartilage
XI	Fibrillar	Cartilage
XII	Fibril-associated collagens with interrupted triple helices	Tendon



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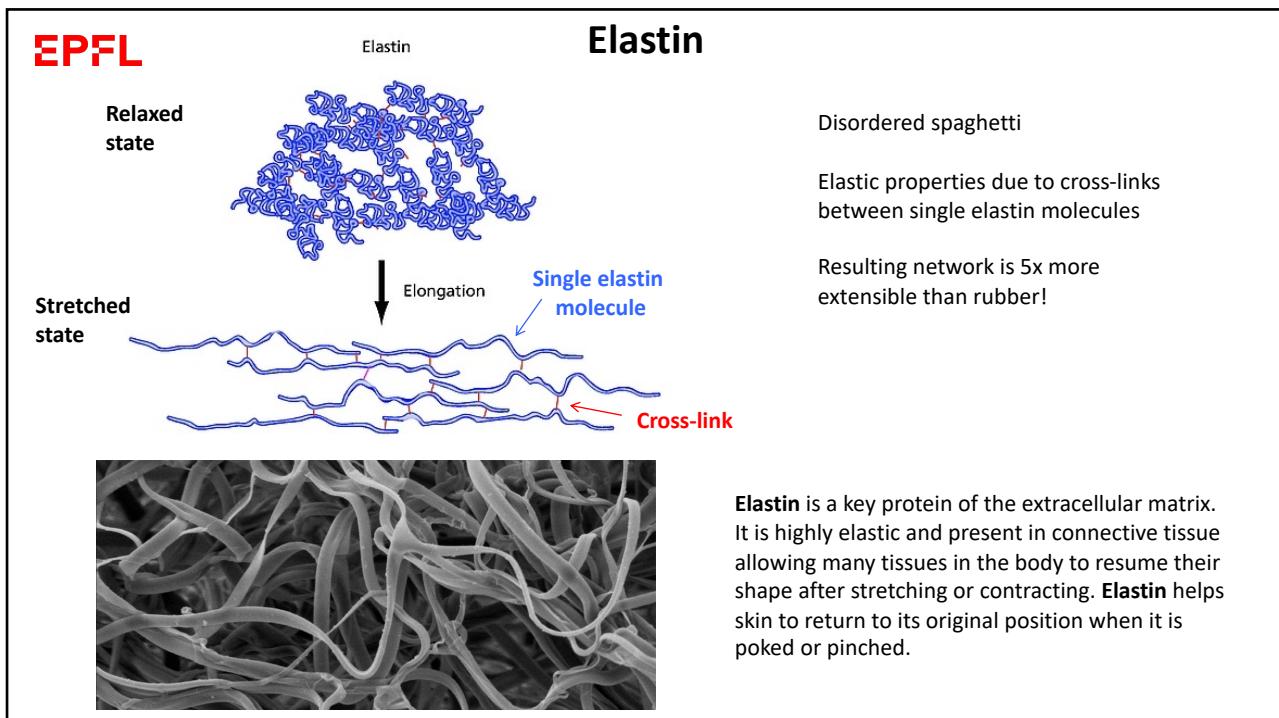
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# Collagen types in our body

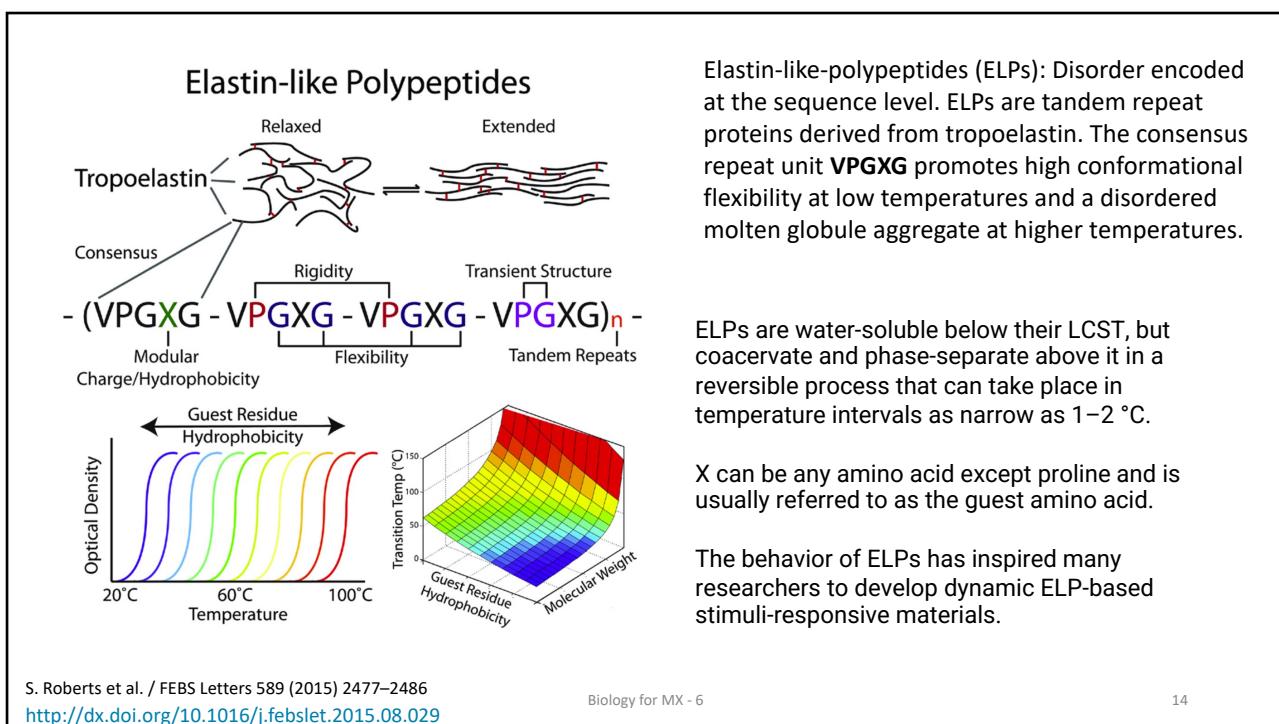


Nature Reviews Materials, 5, 730–747(2020)

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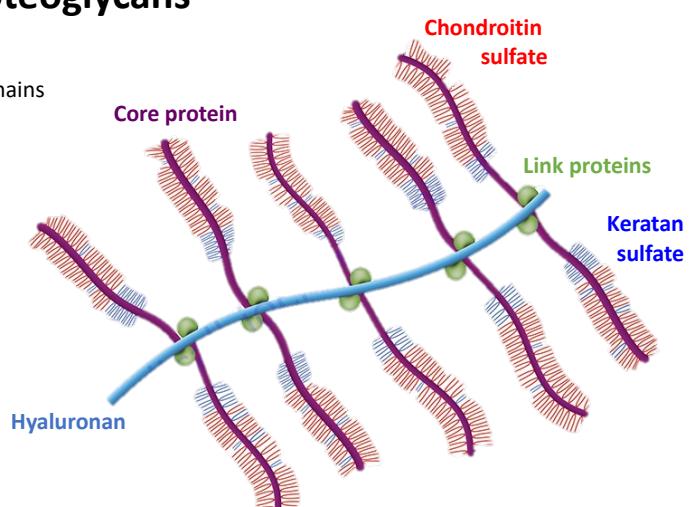
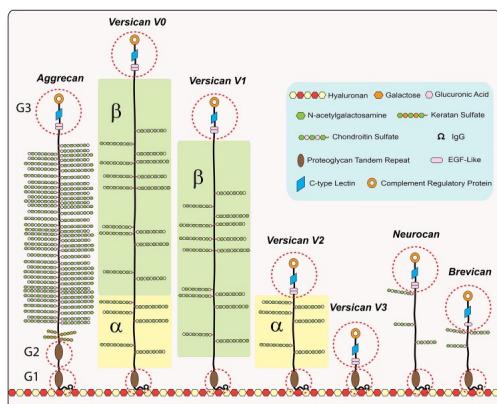
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## Proteoglycans

Consist of a sugar/protein core with sugar side chains

- Resist compressive forces
- Fill space in between, hydrate, cushion cells
- Connect to other ECM components
- Bottlebrush structure



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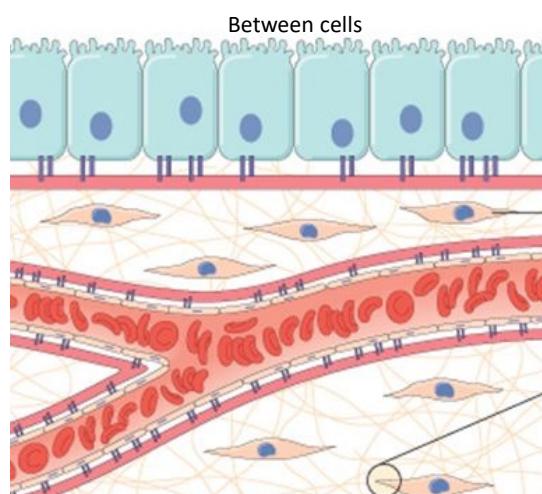
<https://doi.org/10.1016/j.matbio.2015.02.003>

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## Part 2: Adhesion



Between cells  
and the BM

Between cells  
and the ECM

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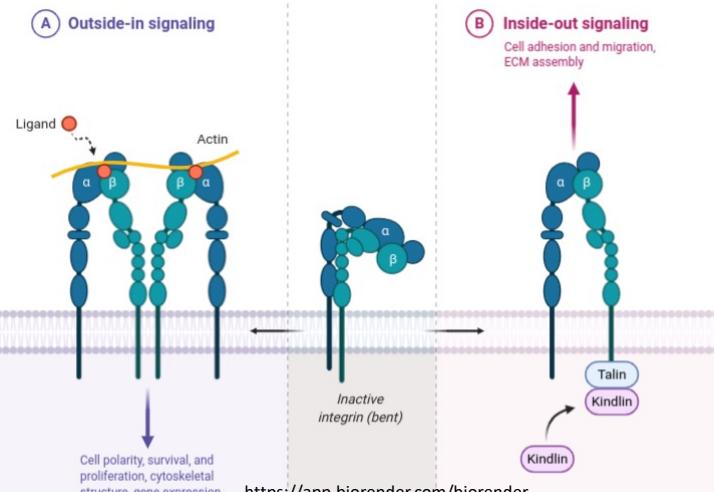
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# Integrin

Integrins are the principal receptors used by animal cells to bind to the extracellular matrix.

They are heterodimers and function as transmembrane linkers between the extracellular matrix and the actin cytoskeleton. A cell can regulate the adhesive activity of its integrins from within.

## A Outside-in signaling

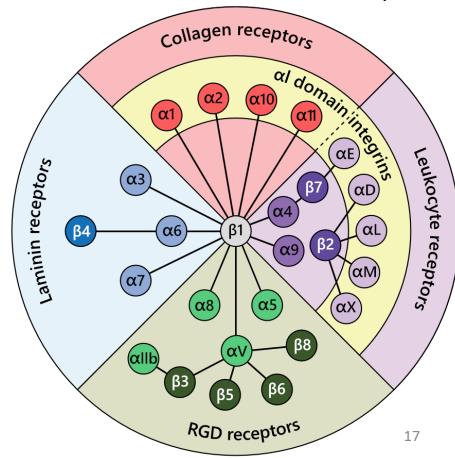


## B Inside-out signaling

Cell adhesion and migration, ECM assembly

Talin  
Kindlin

24 unique integrins by combinations of the  $\alpha$  and  $\beta$

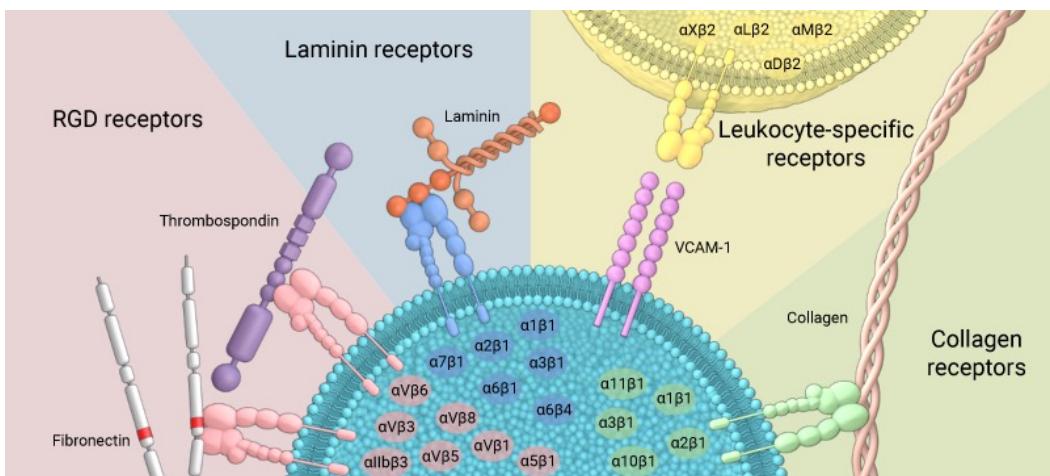


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# Integrin

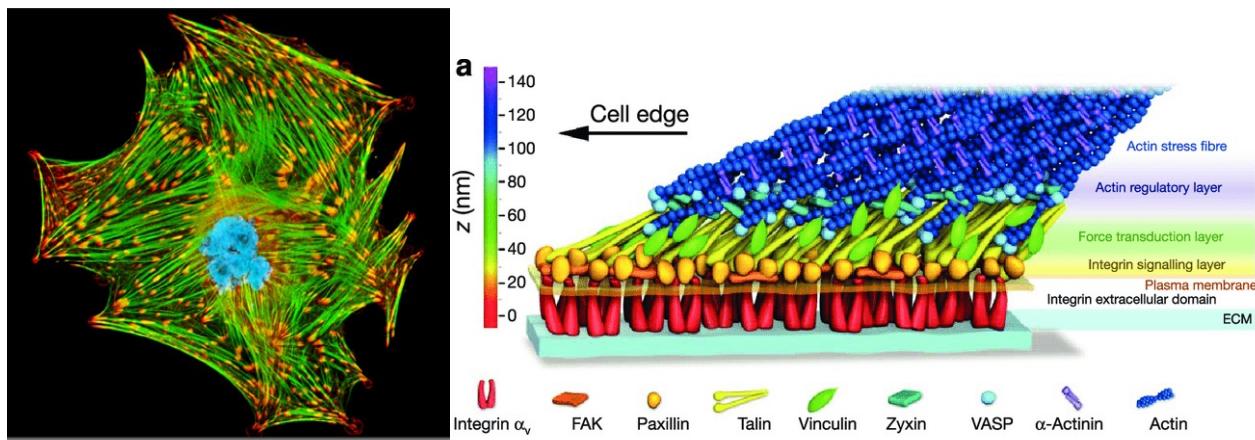


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## Binding to Integrins

Actin structures are linked to **focal adhesions** that provide the pathway of **force transmission** from inside the cell to the elastic matrix and associated with the focal-adhesion complexes are a number of well-known signaling molecules that are well-placed to act as **mechano-transducers**

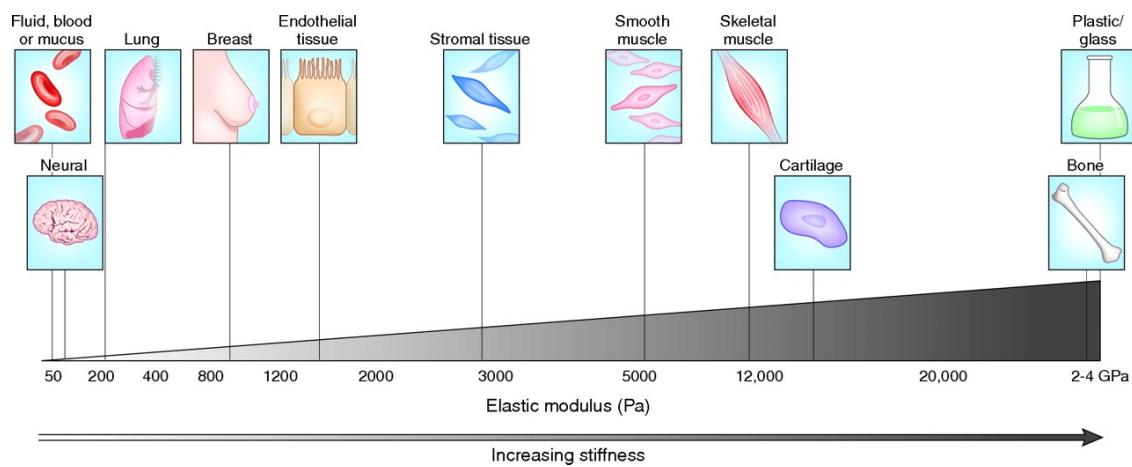
At the molecular scale, cells to pull against the matrix and, secondly, a cellular mechano-transducer(s) **generates signals based on the force** that the cell must generate to deform the matrix.



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## Mechanical properties



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Disease Models &amp; Mechanisms 2011 4: 165-178; doi: 10.1242/dmm.004077

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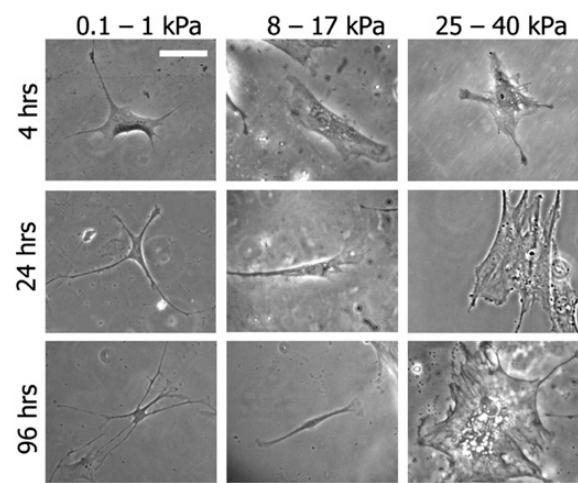
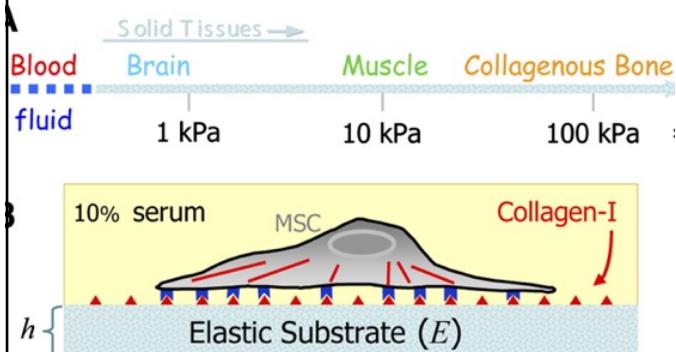
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## Effect of stiffness

Naive mesenchymal stem cells (MSCs) are shown to specify lineage and commit to phenotypes with extreme sensitivity to tissue-level elasticity.

Soft matrices that mimic brain are neurogenic,  
stiffer matrices that mimic muscle are myogenic,  
rigid matrices that mimic collagenous bone prove osteogenic.



Engler et al. Cell 2006

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## Synthetic Adhesion: RGD

The most widely studied adhesive peptide in the biomaterials field is the tri-amino acid sequence, arginine-glycine-aspartate, or “RGD”.

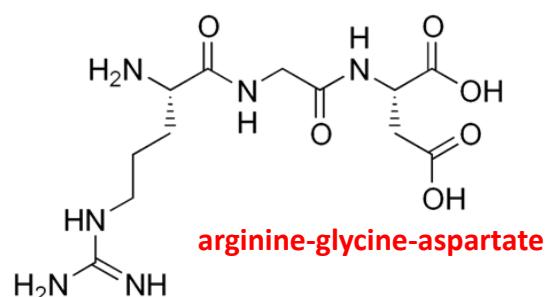
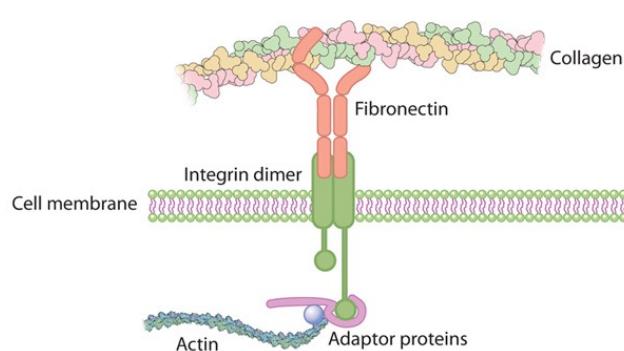
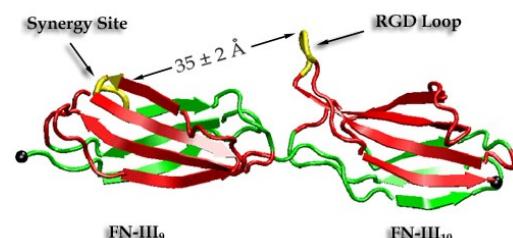
Principal integrin-binding domain present within ECM proteins

Synthesis is simple and inexpensive

Easy sterilization

Minimizes the risk of immune reactivity

**Controlled densities and orientations.**



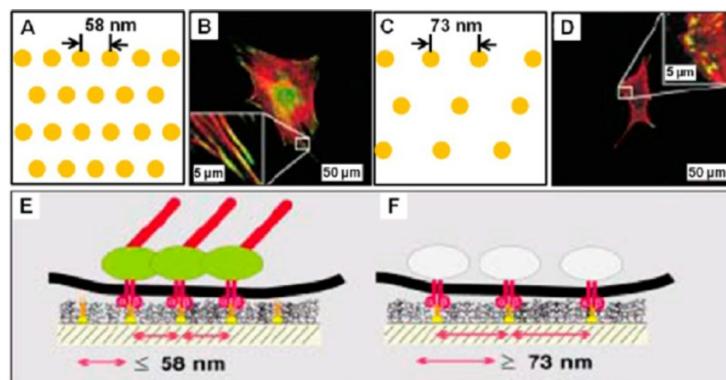
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## RGD Spacing

Thanks to progress in materials surface patterning, engineers have found that a spacing between **58-73 nm** is required to enable integrin-signaling. Binding and clustering of integrins in FAs and cell spreading are strongly influenced by nm changes.

**Local ligand distribution** is a key surface parameter for the assembly and stability of FA complexes.



<https://doi.org/10.1529/biophysj.106.089730>

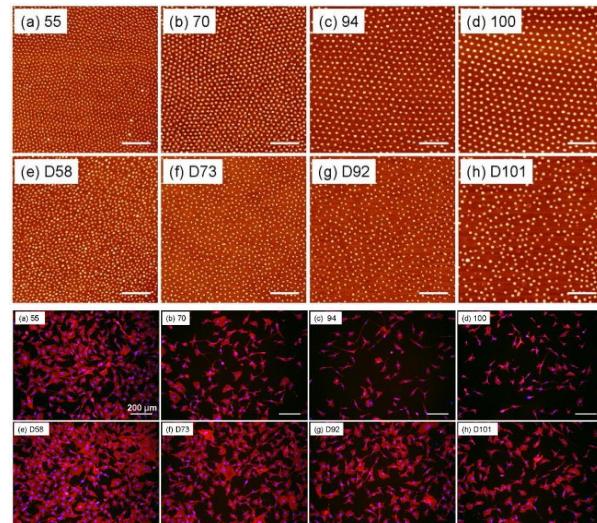
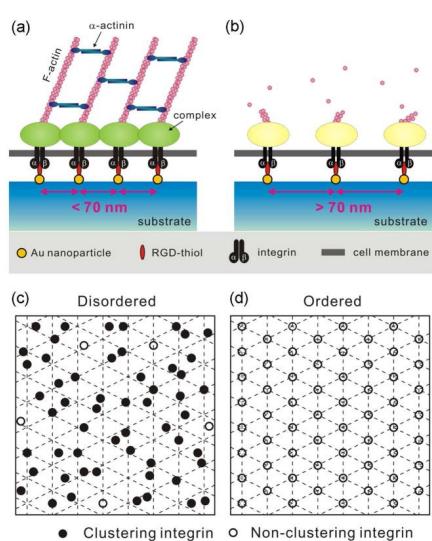
ChemPhysChem 2004, 5, 383-388

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## RGD order vs disorder

the disordered surface provided a much wider range of variation in local inter-ligand spacing for positive cell adhesion, which is due to the polydispersity of local inter-ligand spacings.

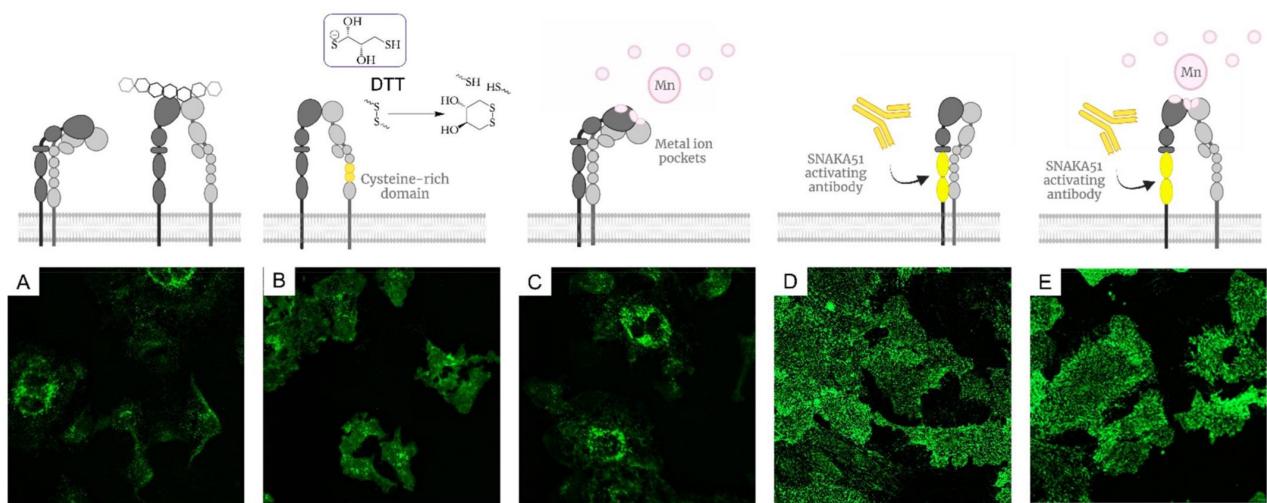


Nano Lett. 2009, 9(3): 1111–1116.  
doi: 10.1021/nl803548b

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## RGD patterns (PBL)



*Molecules* 2022, 27(15), 4968; <https://doi.org/10.3390/molecules27154968>

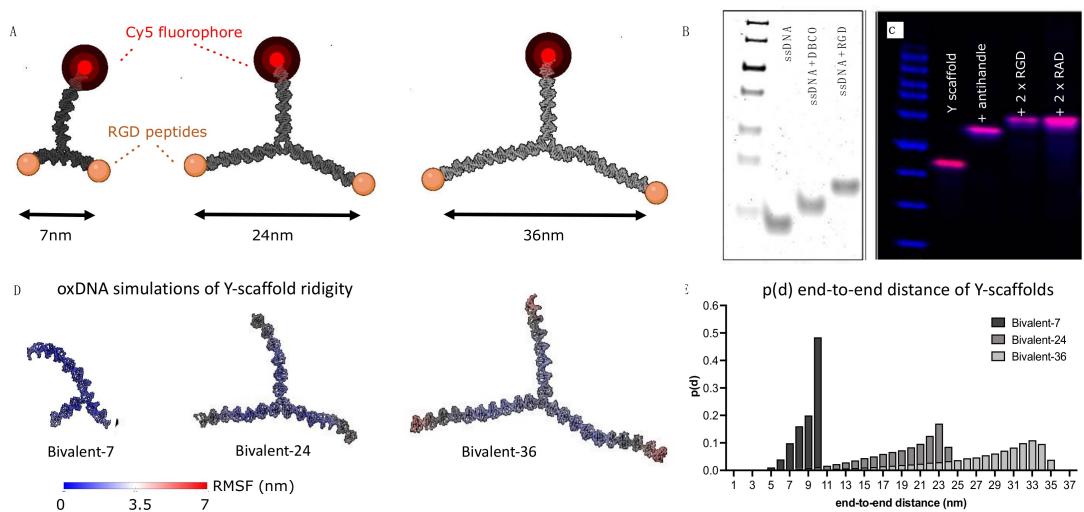
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## RGD patterns (PBL)

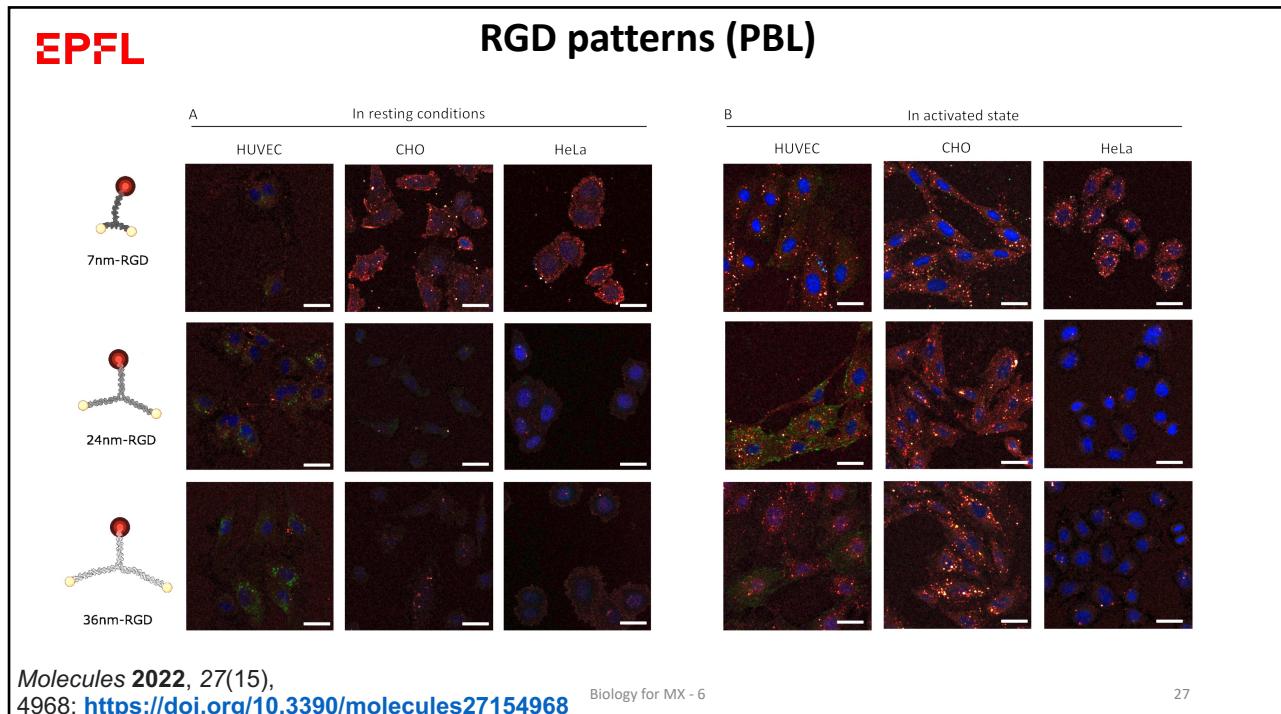


*Molecules* 2022, 27(15), 4968; <https://doi.org/10.3390/molecules27154968>

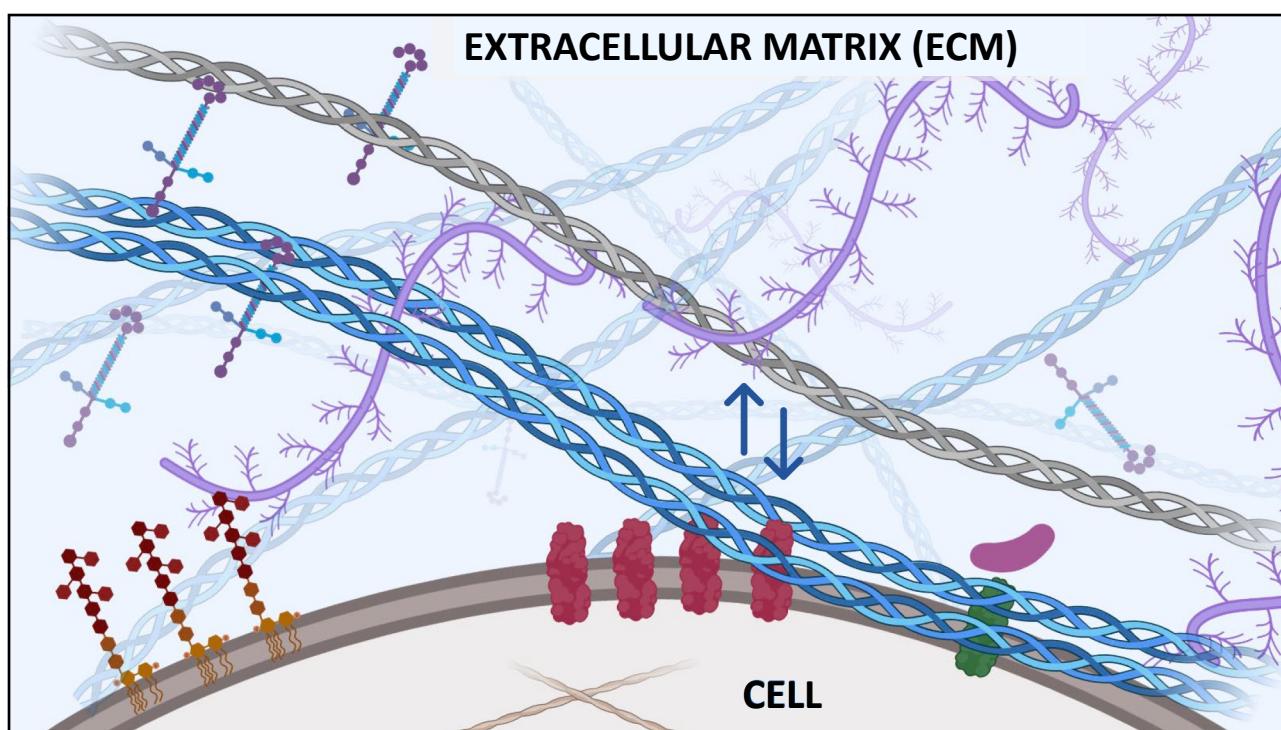
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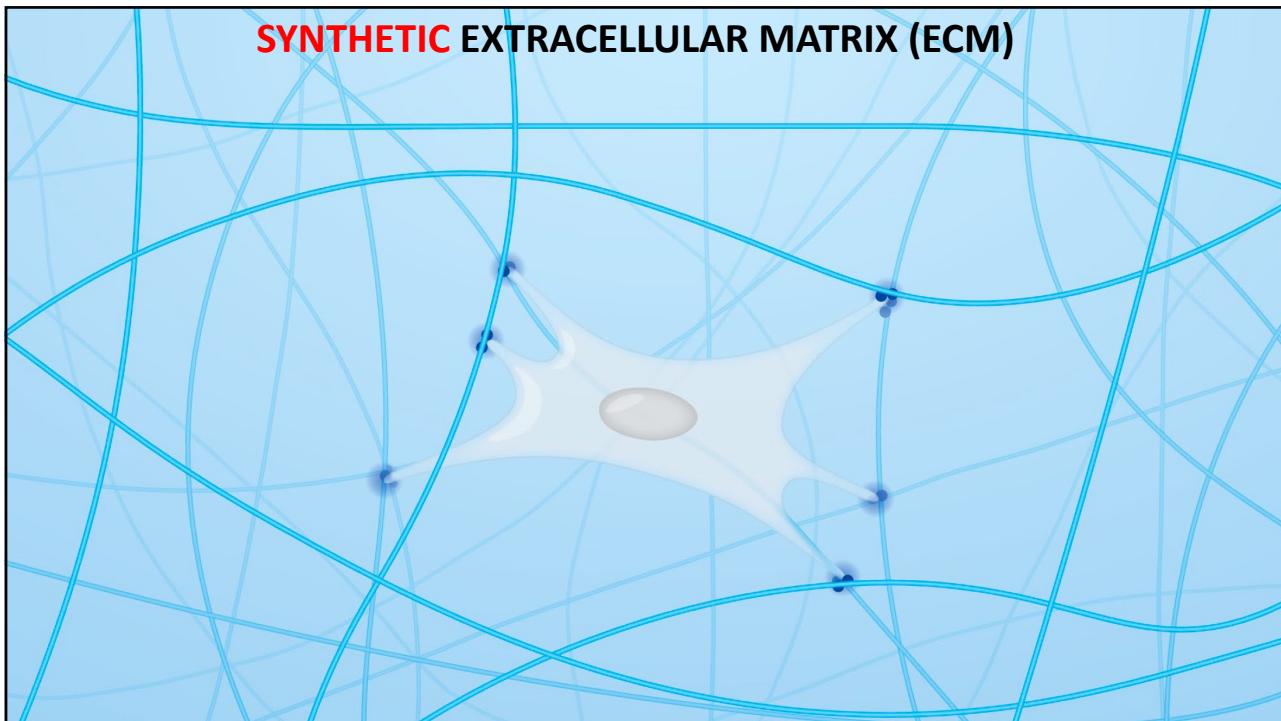
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**EPFL** **Engineering of cellular organization: Organoids**

An **organoid** is a **miniaturized** and **simplified** version of an organ produced *in vitro* in three dimensions that shows **realistic micro-anatomy**.

**Production of Organoids**

The diagram shows a blue silhouette of a human figure on the left. A grey arrow points from the figure to a cluster of orange and yellow shapes representing various organs (lungs, liver, intestines). An arrow points from these organs to a circular cluster of blue and orange cells labeled "Tissue cells". Another arrow points to a cluster of blue circles labeled "Lgr5+ adult stem cells". A final arrow points to a cluster of orange and yellow shapes labeled "TGF $\beta$ , BMP $\beta$ , Wnt, EGF".

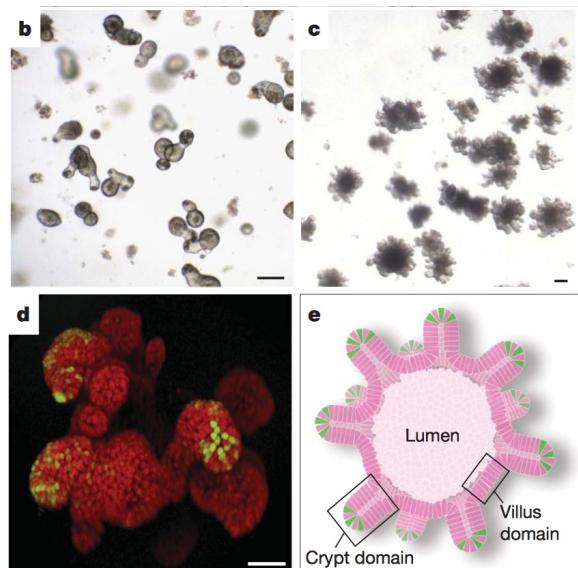
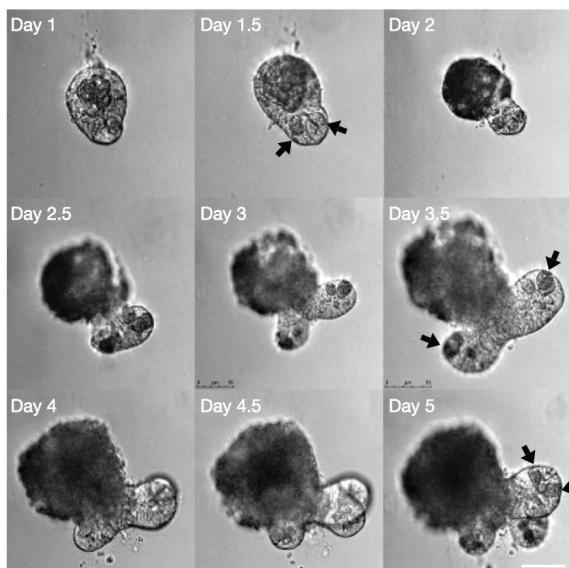
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## Intestinal Organoids



Vol 459 | 14 May 2009 | doi:10.1038/nature07935

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## Matrigel

**Matrigel** is the trade name for a gelatinous protein mixture secreted by Engelbreth-Holm-Swarm mouse sarcoma cells produced by Corning Life Sciences. Matrigel resembles the complex extracellular environment found in many tissues and is used by cell biologists as a substrate for culturing cells

Matrigel is **limited** in its applicability to cellular biology, therapeutic-cell manufacturing and drug discovery, owing to its complex, ill-defined and variable composition.

**Variations in the mechanical and biochemical properties** within a single batch of Matrigel —between batches — have led to uncertainty in experiments and a lack of reproducibility.

Moreover, Matrigel is **not conducive to physical or biochemical manipulation**, making it difficult to fine-tune the matrix to promote intended cell behaviours and achieve specific biological outcomes.

**Composition:**

laminin (~60%),  
collagen IV (~30%),  
entactin (~8%)  
perlecan (~2–3%)

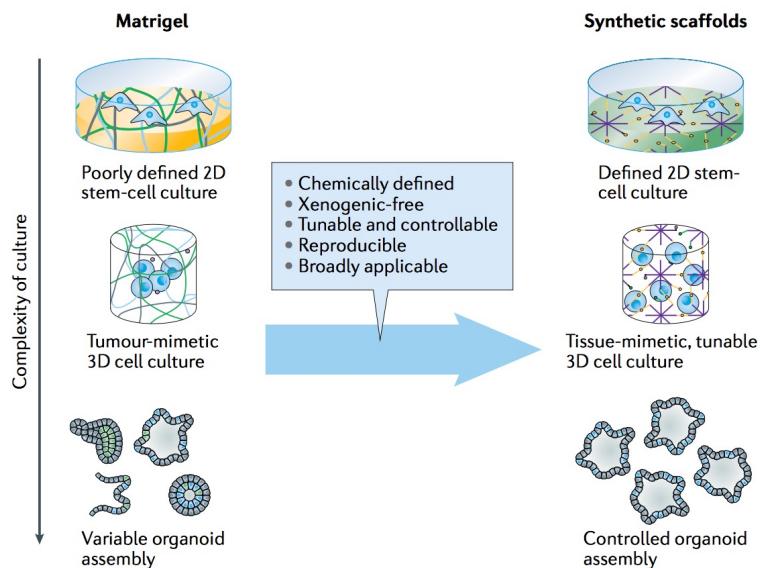
Aisenbrey, E.A., Murphy, W.L. Synthetic alternatives to Matrigel. *Nat Rev Mater* 5, 539–551 (2020).

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## Replacing Matrigel



<https://doi.org/10.1038/s41578-020-0199-8>

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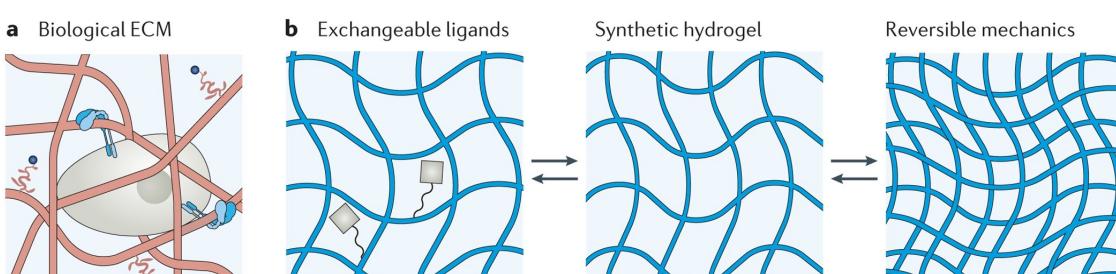
## Artificial Matrices

The microenvironment can influence and dictate cellular behaviour despite the cell's genetic programming; This is a continual process with no defined end point.

Efforts in tissue engineering have focused on creating stem cell niches for medical therapies.

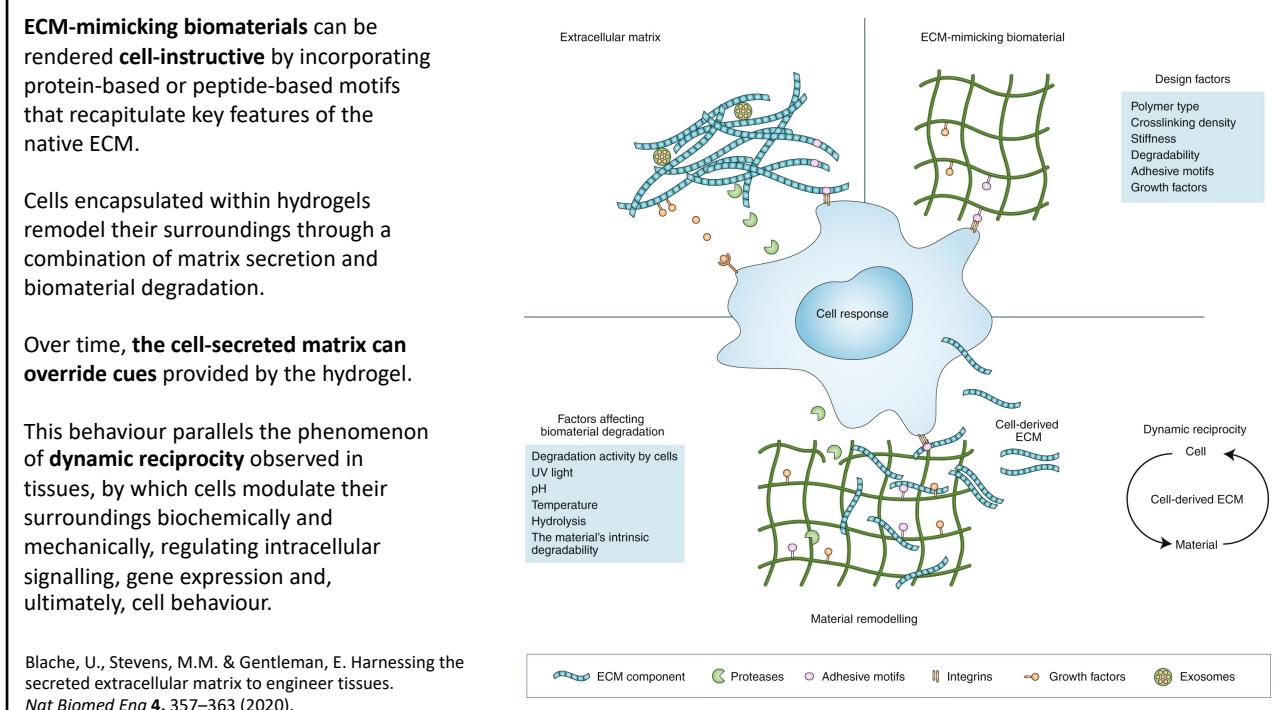
Made using structural, relatively static biomaterials with predefined properties.

Many applications — for example, cell differentiation — require more advanced materials, enabling chemical and mechanical adaptation over time.

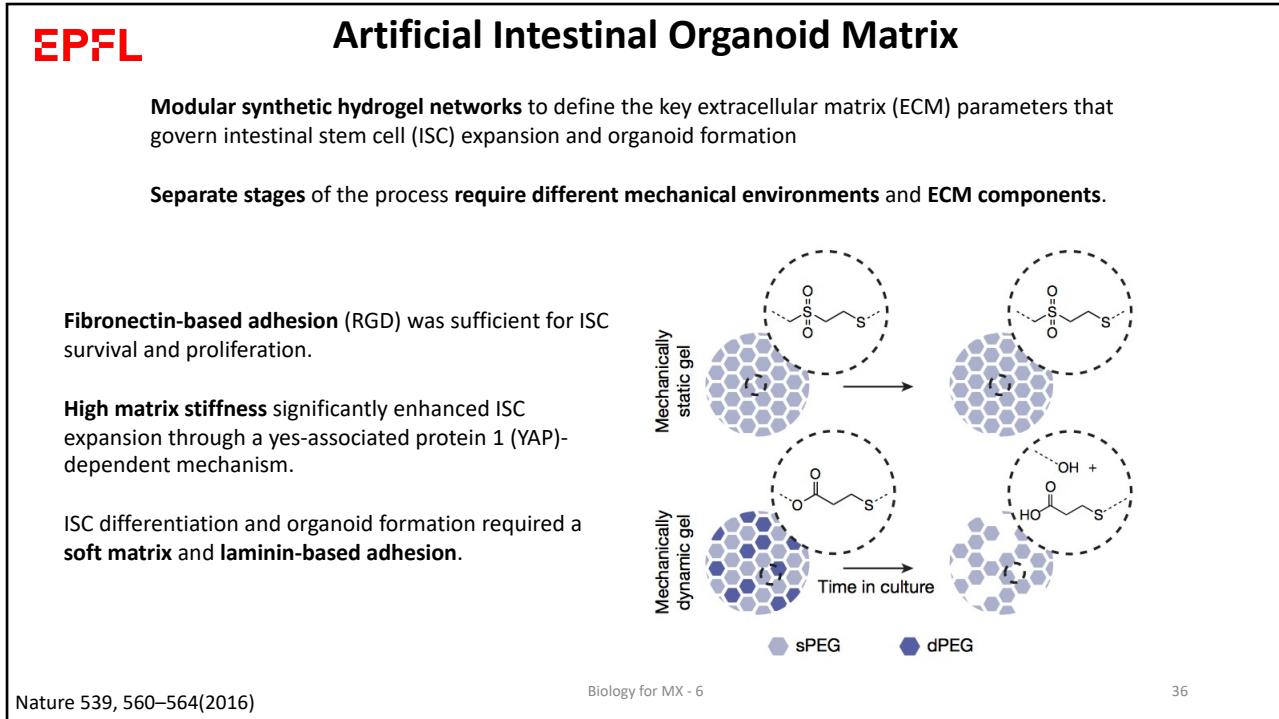


Nature Reviews Materials 1, Article : 15012 (2016)

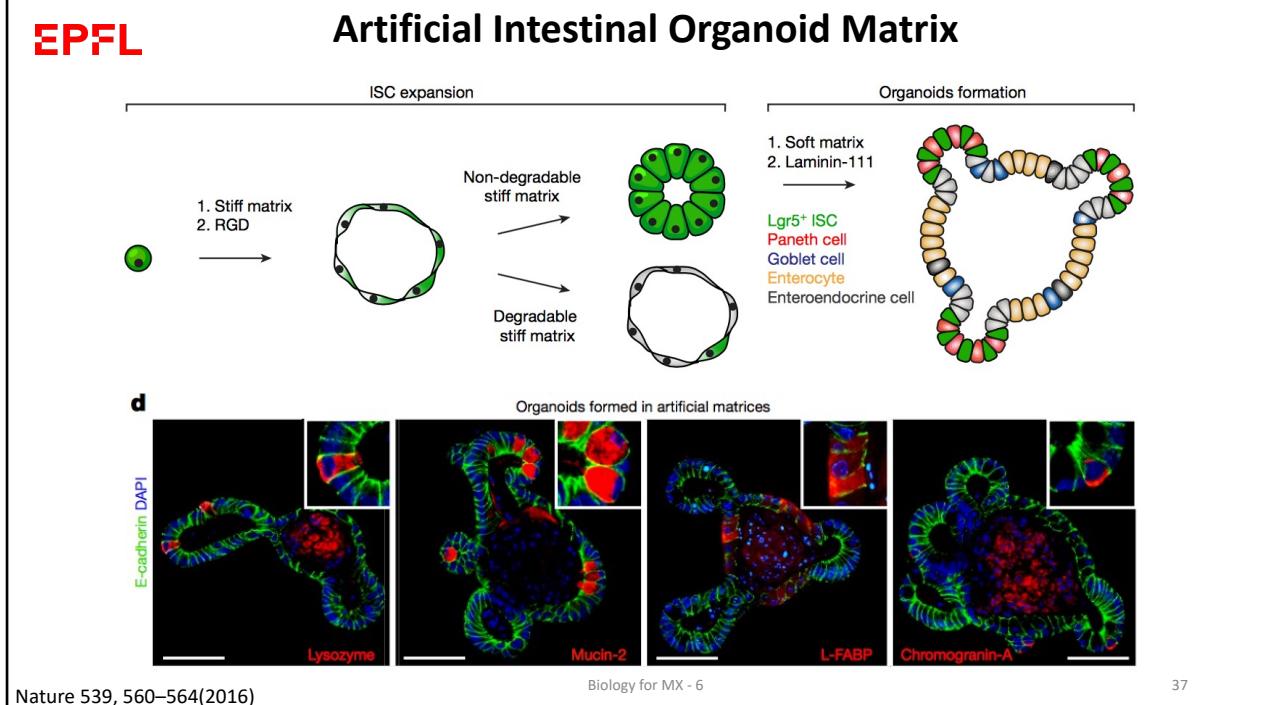
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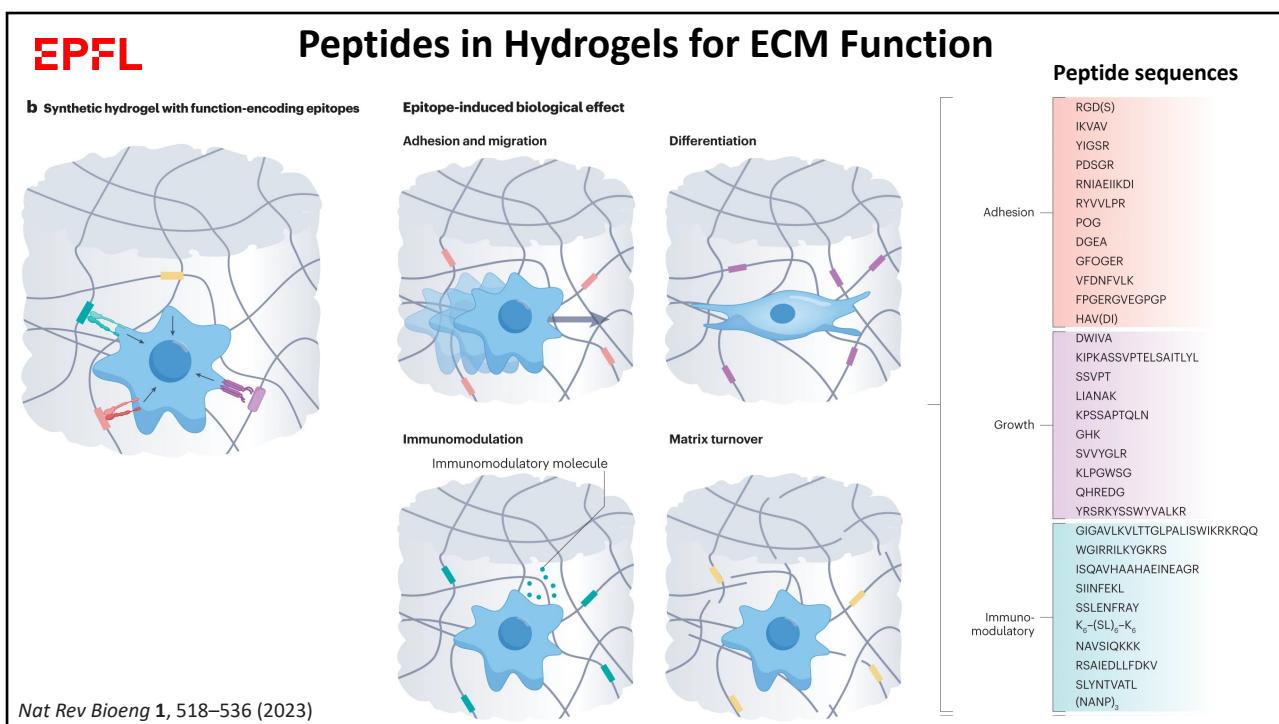
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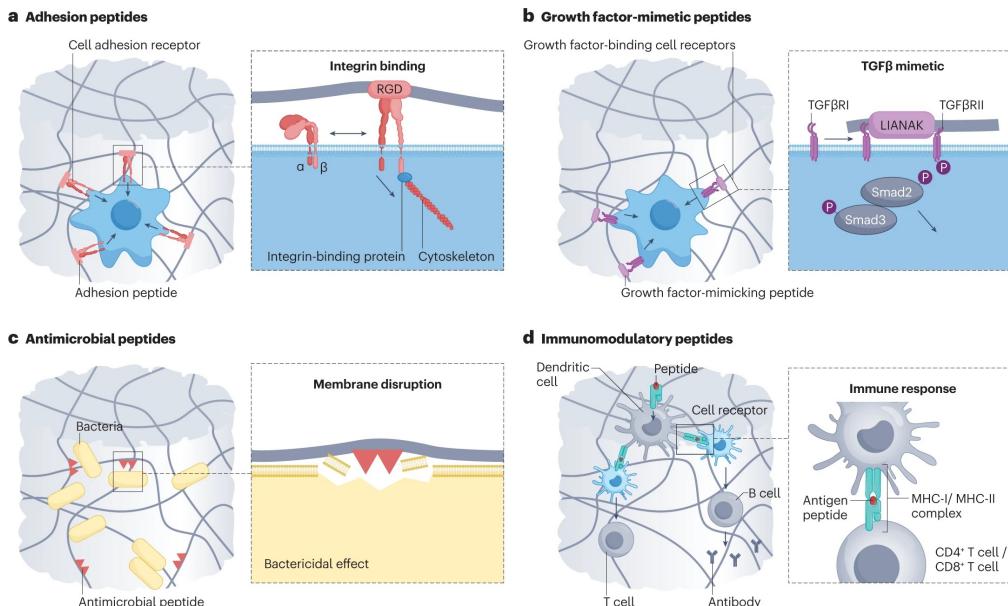


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## Direct signaling to the cells



*Nat Rev Bioeng* 1, 518–536 (2023)

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## Conclusion

The cellular surrounding is full of engineering masterpieces.

All molecules are organized in a spatio-temporal network that provides both mechanical support as well as biological signaling information.

Recreating such an architecture in the lab is proving to be very difficult.

It will take the efforts of many future materials engineers to solve the ECM puzzle.

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